

# **HOME CARE AIDE CURRICULUM**

## **MODULE 1 Home Care**

- MODULE 1-A The history of Home Care/Home Health
- MODULE 1-B Disciplines involved in Home Care
- MODULE 1-C The Home Care Aide's role in Home Care
- MODULE 1-D Supervision of the Home Care Aide

## **MODULE 2 Legal and Ethical Issues**

## **MODULE 3 Personal Safety**

- MODULE 3-A Rights as an employee and harassment
- MODULE 3-B Unsanitary working environment
- MODULE 3-C Travel safety
- MODULE 3-D Safety in the patient's home and chemical hazards
- MODULE 3-E Violence, gangs, and/or possible drug activity in the patient's home

## **MODULE 4 Person-Centered Care**

## **MODULE 5 Culture**

## **MODULE 6 Age Appropriate Care**

## **MODULE 7 Infection Control in the Home**

## **MODULE 8 Providing Care for the Patient's Environment**

## **MODULE 9 Time Management**

## **MODULE 10 Relationships with Patients and/or Family**

## **MODULE 11 Communication**

- MODULE 11-A Patient and family
- MODULE 11-B Co-workers and supervisors
- MODULE 11-C Reporting and recording
- MODULE 11-D Confidentiality and HIPAA

## **MODULE 12 Emergency Preparedness**

- MODULE 12-A Planning for a disaster
- MODULE 12-B Planning for inclement weather

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MODULE 12-C Responding to an emergency in the home

MODULE 12-D Fire safety

## **MODULE 13 Patient Safety**

MODLUE 13-A Fall prevention and response

MODULE 13-B Equipment safety

MODULE 13-C Patient Abuse

## **MODULE 14 Nutrition**

MODULE 14-A My pyramid

MODULE 14-B Special diets and reading food labels

MODULE 14-C Food safety and meal preparation

MODULE 14-D Grocery shopping

MODULE 14-E Hydration

## **MODULE 15 The Home Care Aide's Role in Providing Care for the Most Common Diseases Seen in Home Care**

## **MODULE 16 Restorative Care**

MODULE 16-A The Home Care Aide's role in restorative care

MODULE 16-B Adaptive equipment

MODULE 16-C Home modifications

## **MODULE 17 Alzheimer's Disease**

MODULE 17-A Differences between delirium and dementia

MODULE 17-B Disease progression

MODULE 17-C Helping/skill building/meaningful day/problem solving

## **MODULE 18 Pain Management**

MODULE 18-A Role of the Home Care Aide in Pain Management

## **MODULE 19 Mental Health**

MODULE 19-A Signs and symptoms of mental illness

MODULE 19-B Causes, symptoms, and treatment

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MODULE 19-C The Home Care Aide's role in helping patients manage symptoms and illness

## **MODULE 20 Understanding Challenging Behaviors**

MODULE 20-A Key concepts in assisting older adults

MODULE 20-B Triggers to challenging behaviors

MODULE 20-C Using good communication skills and problem solving

MODULE 21-D The Home Care Aide's role with angry, agitated and/or combative patients

## **MODULE 21 Palliative Care**

MODULE 21-A Overview and philosophy of care

MODULE 21-B Goals of palliative care

## **MODULE 22 End of Life Care**

MODULE 22-A Hospice care

MODULE 22-B The Home Care Aide's role in providing care to the dying patient

MODULE 22-C The Home Care Aide's role in working with the patient's family

MODULE 22-D Cultural diversity related to end of life care

## **MODULE 23 Stress Management for Home Care Aides – escalating behavior included**

## **MODULE 24 The Role of the Home Care Aide in Medication Administration**

## **MODULE 25 Health Care Personnel Registry**

MODULE 25-A Required reporting

MODULE 25-B Renewals

MODULE 25-C Career paths